



ISLANDS WEST PRODUCE WEEKLY SPECIALS

FEBRUARY 14TH – FEBRUARY 20TH, 2026



BUTTER LETTUCE
\$39.95/24ct case
British Columbia



ROMA TOMATOES LARGE
\$45.95/25lb Case
Mexico



RED GRAPES JUMBO
\$79.95/18lb Case
Peru



HONEYDEW
\$29.95/8ct Case
Mexico



LIMES 175 CT
\$79.95/175ct case
Hawaii



RADISH W&T
\$15.95/2LB
Made in Victoria



**LEMON PEPPER
[DRIED SPICE]**
\$18.95/650g Ctn.



**BROCCOLI FLORETS
[FROZEN]**
\$55.95/6x2kg Case

Yen Bros Foodservice Mayo

NOW AT ISLANDS WEST

Locally Made in Vancouver

- Thick texture, light flavour
- Clean ingredient deck
- Works across *most applications*
- Square 16L pail saves fridge space

Available in 16 L pail & 2 x 4 L tubs



ISLANDS WEST PRODUCE

MARKETSCOPE

FEBRUARY 14TH – FEBRUARY 20TH, 2026

Phone: 250-727-0744 • 1-800-477-4088 • Fax: 250-727-9666 • www.islandswest.com

With the super bowl last weekend and Valentine's day this weekend, we are hearing that the pressure and available of product should get back to normal over the next week. Temperatures in both the Salinas Valley and Yuma are expected to be higher than normal causing the usual issues with quality. The producers have ensured that their teams are taking more care while picking and packing the product for shipment. While still have a good selection of citrus available, we are hearing that the Bakersfield area of California is experiencing wetter and cooler than normal temperatures causing harvesting delays which could affect the market over the next few weeks.

While still available, we continue to see limited product arriving from our local and mainland suppliers.



LETTUCE

ICEBERG: The supply remains very tight on head lettuce again this week causing the price to remain high. We will have both the liner and cello wrapped in stock.

ROMAINE: As expected, we are seeing the price trend upwards for the week. We continue to have Peter Rabbit label 24ct in stock. We continue to have our inhouse chopped romaine lettuce available.

LEAF: We continue to have good supplies of both 24ct green and red leaf available. This will be the best value for the week.

BUTTER: We are now stocking the peter rabbit label field butter lettuce in the 24ct case. We will have both the clamshell and liner BC butter lettuce available to start the week.

TUSCAN SPRING MIX: We are seeing a strong supply of the Tuscan being available for this week.

ARUGULA: We continue to stock the 2x2lbs, supply has improved and we are not seeing any pro-rates this week.

ARTISAN: Supply and quality are both good this week.

SPINACH W&T: Quality continues to be only fair again this week with good supplies of the 4x2.5lbs cases in stock.



ONIONS / POTATOES

ONIONS: We are still seeing a strong volume of product being available. In stock for the week, we have the red & yellow jumbo as well as the medium yellow with the price remaining stable. We are hearing that there is pressure being placed on the onion market.

SHALLOTS: Available in 5lb whole, or 2lb peeled.

POTATOES: The coloured Potatoes available for this week are from Vancouver Island or the lower mainland. The Kennebec and large russet potatoes are still a local VI product. We have nugget and med red as well as nugget, med and large yellow. We have both, large and medium sweet potatoes and the medium, large and jumbo yams. There is still have a very limited supply of the Little Potato Company product.



PEPPERS

BAGGED: We will have a limited supply of the Mexican 10X2lb bag peppers available for the week.

COLOURED: We have in stock for the week, 11lb red, yellow and orange, as well as 25lb yellow, orange, green, red 25lb Mexico.



SQUASH

HARD: We will from Mexico, the acorn, butternut, kabocha, and spaghetti available for the week. We will have the 40lb large Mexican green/ yellow zucchini. As with other items, we are seeing the price remain strong for the week.



BROCCOLI / CAULIFLOWER

BROCCOLI: We will have the Domestic and Asian cut crowns as well as the 14ct bunch in stock for the week. Due to weather conditions, we are seeing the price remain strong again for this week. We are seeing a stronger volume of broccolini being available for this week. We will have both iced and iceless.

CAULIFLOWER: We will have both the 9 and 12 count in stock this week. For this week we are seeing the market continue to remain strong on cauliflower causing the price to trend upwards again this week.



TOMATOES

FULL SIZE: We have 5x6 Mexican product only for the week. Next week we will still have a limited supply of BC On the Vine tomatoes. There will be a good supply of beefsteak tomatoes for the week. The roma tomato market has tightened for next week. Pricing is trending upwards on all tomaotes due to the continued weatehr issues.

SMALL: In stock are grape, cherry and symphony in the 12x1pt as well as plenty of the 10 bulk symphony.



CITRUS

ORANGES: We will have the 36, 56, 88, 113 & 138ct Navel California product available for the week. There will also be a supply of 15/2lb mandarin bag oranges and the bulk cases in stock Murcott mandarins. There is also a good supply of Blood oranges available.

LEMONS: We will have the 115 choice Californian product available for the week.

LIMES: We will have the 175ct Hawaiian product in stock this week as one of our feature items.



MELONS

CANTALOUE: We will have the offshore 12ct product in stock for the week. With product being tight, we are seeing the price remain high.

HONEYDEW: We will be stocking the 8ct Mexican product this week. Honeydew will be the best value on melons this week with it being stable.

WATERMELON: We will have good supplies of Mexican watermelon to start the week.



BERRIES

We will have in from Driscoll's this week, 12X6oz raspberries and blackberries along with the 8/1lb strawberries. As for the blueberries, we will try to keep stock in if available.