



# ISLANDS WEST PRODUCE WEEKLY SPECIALS

AUGUST 9<sup>TH</sup> – 15<sup>TH</sup>, 2025



**SUMMER BERRY MIXER**  
5lb Case  
British Columbia



**PEPPERS GREEN LARGE**  
25lb Case  
British Columbia



**CANTALOUPE MELON**  
12ct Case  
California



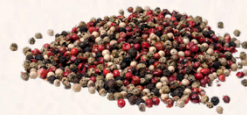
**CARROT JUMBO**  
50lb Sack  
British Columbia



**POTATOES YELLOW  
NUGGETS (SMALL)**  
50lb Case  
Vancouver Island



**ONIONS YELLOW  
PEELED**  
25lb Bag



**PEPPERCORN 4 BLEND  
[DRIED SPICE]**  
500g



**PEAS FANCY IQF  
[FROZEN]**  
6x2kg Case



## JK Agro Farm Spotlight LOCAL SUMMER BERRY MIXER

**Farm Spotlight - JK Agro (Abbotsford, BC) Celebrating 50 Years of Purposeful Growing**

Since 1975, JK Agro has been more than just a berry farm — it's a family-run operation rooted in sustainable, responsible farming practices. Located in Abbotsford, BC, JK Agro is committed to protecting the land, promoting biodiversity, and nurturing healthy soil — all to deliver exceptional, fresh berries that support the community and the planet.

**NOW Available:  
Summer Berry Mixer 5 lbs**

- A vibrant medley of JK Agro's finest strawberries, blackberries, and blueberries — thoughtfully blended to capture the peak of the summer harvest.
- Locally grown with sustainable practices!



**BC Day Holiday Hours August 4<sup>th</sup>: Office Open Regular Hours / No PM Deliveries**  
Locally Led & Rooted in the Community @ 4247 Douglas Street Victoria, BC  
Office Hours: Mon – Fri: 5:00am – 6:00pm • Sat: 5:00am – 3:00pm • Sun: 9:00am-5:00pm  
Phone: 250-727-0744 • 1-800- 477- 4088 • Fax: 250-727-9666  
[www.islandswest.com](http://www.islandswest.com)





# ISLANDS WEST PRODUCE

## MARKETSCOPE

AUGUST 9<sup>TH</sup> – 15<sup>TH</sup> 2025

Phone: 250-727-0744 • 1-800- 477- 4088 • Fax: 250-727-9666 • [www.islandswest.com](http://www.islandswest.com)

In California, mild weather continues, with most growing regions sitting comfortably in the mid-70s. Overall quality is holding fair to good on most items, though some lettuce is showing minor insect damage and signs of environmental stress from earlier conditions.

Locally, we are seeing some gaps in certain crops as we wait for new growing areas to come into production. That said, there's still strong availability of most berries, lettuces, both green and red cabbage, and carrots. New this week, Vancouver Island-grown green and yellow beans are now making their way to market, adding to the variety of fresh local offerings.

*As always, we'll continue to keep a close eye on supply and quality as the season progresses, and we appreciate your ongoing partnership.*



### LETTUCE

**ICEBERG:** This week, we will have a limited amount of 24ct Cello wrapped from Vancouver

Island and the liner product from California in stock. We are seeing the price remain high on the US product for the week.

**ROMAINE:** We will have good supplies of the 24ct Californian available for the week as well as local Vancouver Island product. We also have our in-house chopped Romaine labor saver.

**LEAF:** We have 24ct California Green Leaf, as well as Green and Red Vancouver Island products available for the week.

**BUTTER:** We will have available 12ct Hothouse Living Butter Lettuce this week. There is also the 24ct field Butter available.

**TUSCAN SPRING MIX:** We have a good stock of the 3lb case.

**ARUGULA:** We continue to stock the 2x2lbs.

**ARTISAN:** We continue to stock the 24cts.

**SPINACH W&T:** We have a good supply of the 4x2.5lbs cases.

cut crowns as well as the 14ct bunch product. We are seeing the price remain stable for the week.

**CAULIFLOWER:** We will have both the 9ct and 12ct available, the quality remains good. As with the Broccoli, the demand remains strong again for the week, causing us to see the price trend upwards slightly.



### TOMATOES

**FULL SIZE:** We have in stock, the 5X6 and 6X7 field tomatoes. We are seeing the field tomato market remain stale again for the week. We will also have a limited supply of Beefsteak and roma tomatoes. There also seems to be a plentiful amount of On the Vine Tomatoes and this will remain the best deal on tomatoes for the week.

**SMALL:** We will have grape, cherry and symphony in the 12X1pt as well as the 10 bulk symphony.



### CITRUS

**ORANGES:** All our oranges are from Australia. We will have for the week, the 125, 48, 56ct and a limited supply of the 113ct. Also available, we have a limited supply of 48ct Cara Cara oranges, bulk and 15/2lb bag Peruvian Satsuma mandarins.

**LEMONS:** We will have for the beginning of the week, a good supply of the 115, 140 and a limited supply of the 165ct Chilean product. We are seeing the price remain stable but high for the week.

**LIMES:** We will have in stock the 175 & 200ct size available this week. This market is remaining stable for the week.



### MELONS

**CANTALOUPE:** We will have in stock for the week, the 12ct size Californian product, as you can see by our feature, there has been some relief in the price of cantaloupe.

**HONEYDEW:** We will have the 5/6ct Californian product available for this week.

**WATERMELON:** We have now moved into the Washington State watermelon. We still have a limited supply of the Mexican still available.



### BERRIES

We will have from Driscoll's this week, 8X1lb Strawberries, 12X6oz & 6X12oz Raspberries.

From the local producers, we will have 12X1pt blackberries and strawberries, as well as 5lb, 8X1lb and 12X1pt blueberries.

### ONIONS / POTATOES

**ONIONS:** We have now moved to the new crop Washington state onions. We have available the jumbo red, the medium and jumbo yellow product for the week.

**SHALLOTS:** Available in 5lb whole, or 2lb peeled.

**POTATOES:** The coloured Potatoes available for this week are red mediums, nuggets and creamers. We will have the large, medium and nugget yellow potatoes as well as the yellow creamers. We have to start the week, new crop fingerling potatoes in the 20lb case. We do have a limited supply of the jumbo sweet potatoes, medium and large yams for the beginning of the week.



### PEPPERS

**BAGGED:** We have for the week, a limited supply of the 10/2lb mixed bagged peppers in stock.

**COLOURED:** We will have to start the week, the BC 11lb Red, Orange and Yellow peppers. We have from California, both the red & green peppers in the 25lb cases in stock.



### SQUASH

**HARD:** Until the fall when our local product becomes available, we will only have the spaghetti and butternut squash available from

Mexico. We will have for the week, the 25lb local medium green zucchini as well as a limited supply of yellow.



### BROCCOLI / CAULIFLOWER

**BROCCOLI:** We are still seeing a good supply of Broccoli. We will have the Domestic and Asian







# ISLANDS WEST PRODUCE LOCAL SHEET

AUGUST 9<sup>TH</sup> – 15<sup>TH</sup>, 2025

Phone: 250-727-0744 • 1-800- 477- 4088 • Fax: 250-727-9666 • [www.islandswest.com](http://www.islandswest.com)



## LOCALLY SOWN | LOCALLY GROWN



### LOWER MAINLAND

#### BC Fresh

Beets, Gold [Medium]  
Carrots [Jumbo]  
Potatoes, Burbank  
Potatoes, Red [Medium]  
Radish, Bunch

#### V.I. Farms

Peppers, Orange  
Peppers, Red  
Peppers, Yellow

#### Bean Sprout King

Bean Sprouts

#### Avina Mushrooms

Mushrooms, Brown Jumbo  
Mushrooms, Oyster  
Mushrooms, Portabella #2  
Mushrooms, White Jumbo

#### Direct Source

Blueberries  
Cherries  
Corn on the Cob  
Peaches

#### Champs Mushrooms

Mushrooms, Portabella #1  
Mushrooms, Shiitake  
Mushrooms, White, #1  
Mushrooms, White Button  
Mushrooms, White Foodservice  
Mushrooms, White Institution  
Mushrooms, White Sliced  
Mushrooms, Chefs Mix

#### Van Eekelen

Belgium Endive

#### RGR

Beets, Bunch  
Bok Choy  
Sui Choy  
Carrots, Bunch

#### Windset Farms

Lettuce, Butter  
Tomatoes, Avalantino  
Tomatoes, Grape  
Tomatoes, Cherry  
Tomatoes, On the Vine  
Tomatoes, Symphony



### VANCOUVER ISLAND

#### Eatmore Sprouts

Sprouts, Alfalfa  
Sprouts, Clover  
Sprouts, Pea Shoots

#### Galey Farms

Corn on the Cob

#### V.I. Farms

Cucumbers, LE  
Cucumbers, Mini

#### Gobind Farms

Blackberries

#### Michells

Corn on the Cob  
Lettuce, Cello Head  
Lettuce, Green  
Lettuce, Red  
Lettuce, Romaine  
Parsnips [Large]  
Rutabaga  
Zucchini, Green  
Zucchini, Yellow

#### IVCA

Beets, Red  
Carrots, Nantes

#### Grocery Partners

Bread [Various Varieties] - Portofino  
Eggs - Farmer Bens  
Mandarin Juice - Joosy [6x1L]  
Tofu, Firm - Green Cuisine  
Tofu, Wet Pack - Green Cuisine



### CANADA

#### The Little Potato Company

Potato, Creamers Mixed  
Potato, Creamers Red  
Potato, Creamers Yellow

Potato, Red Little  
Potato, Red Size "B"

Potato, Trios Little  
Potato, Yellow Little  
Potato, Yellow Size "B"

**\*\*Product subject to availability**



# NEW SPICES JUST IN!

PREMIUM QUALITY | FOOD-SERVICE READY

We're pleased to announce the latest additions to our *Islands West Spice Collection*:



**Cracked  
Coriander**



**Roasted  
Chopped Garlic**



**Roasted Garlic  
Granules**



**Fire Roasted  
Onion Granules**



**Smoked Minced  
Onions**



**Toasted  
Chopped Onions**



**Ancho Chili  
Flakes**



**Chickpea  
Flour**

From expertly roasted aromatics to rich, smoky blends and essential pantry staples, *this expanded lineup is designed to elevate culinary creations with premium quality and depth of flavour.* Perfect for food service and retail, each product reflects our continued commitment to freshness, consistency, and exceptional taste.



**Nutritional  
Yeast**



**Cornstarch**

ISLANDS WEST PRODUCE | [www.islandswest.com](http://www.islandswest.com)

*Locally Led. Quality Ingredients. Food Service Ready.*