



ISLANDS WEST PRODUCE WEEKLY SPECIALS

MAY 3RD – May 9TH, 2025



**ASPARAGUS GREEN
CONSUMER PACK**
20lb Case
British Columbia



**CUCUMBERS L.E.
#1 MEDIUM**
12ct Case
British Columbia /
Vancouver Island



AVOCADOS "PREMIUM"
20ct Case
Mexico



LIMES BULK
175/200ct Case
Mexico



**POTATOES BAKERS
"PREMIUM"**
80ct/50lb Case
Washington



NACHO TOPPING MIX
2.5lb Pkg.
Made on
Vancouver Island



**TACO SEASONING
[DRIED SPICE]**
500g



**BEANS GREEN WHOLE IQF
[FROZEN]**
6x2kg Case

What's in the

NACHOMIX



Prepared in-house by our Production Team

There are very few dishes as versatile or delicious as a big tray of nachos. Whether you're looking for a playful appetizer or hosting for a big game (because game day food is the best food!) - there's nothing quite like a tray overflowing with nachos.



↪ **DICED 3/8"
GREEN PEPPERS**



↪ **DICED 3/8"
RED PEPPERS**



↪ **DICED 3/8"
ONIONS**

Our facility transforms fresh fruits and vegetables into convenient, ready-to-use options. Whether you need anything from diced and sliced to peeled produce, we deliver consistent quality and save you time in the kitchen.

Locally Led & Rooted in the Community @ 4247 Douglas Street Victoria, BC
Office Hours: Mon – Fri: 5:00am – 6:00pm • Sat: 5:00am – 3:00pm • Sun: 12:00pm-5:00pm
Phone: 250-727-0744 • 1-800- 477- 4088 • Fax: 250-727-9666
www.islandswest.com



ISLANDS WEST PRODUCE

MARKETSCOPE

MAY 3RD – MAY 9TH, 2025

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As we begin to experience sunnier and warmer days, the weather to the south of us is also beginning to level off and normalize for this time of year - with some areas experiencing extremely warm temperatures. One of the drawbacks to this warmer weather is the possibility of minor leaf burn on some of the Lettuce products. For the most part, the volumes are great, and the quality is good.

We are now starting to see our local Vancouver Island products come to an end as the storage crops run out. Locally we have bunch Kale, bulk Leeks, large Parsnip and both sizes of Red Beets. A couple of the new crop items that are available are Rhubarb and Asparagus. As our local product comes to an end, we will be purchasing BC product from the lower mainland as long as it is available. Look for our more detailed list of local products included with this Marketscope.



LETTUCE

ICEBERG: We will have in stock for the week, the Cello wrapped and liner product. We are seeing the price on all Lettuce product remain stable.

ROMAINE: We will have good supplies available for the week keeping the price stable. We continue to have plenty of Romaine Hearts in stock. We also have our in-house chopped Romaine as a great labor saver. Romaine is the best deal of the week for Lettuce.

LEAF: We have both 24ct California Red and Green Leaf available for the week.

BUTTER: We will have available 12ct Hothouse Living Butter Lettuce this week. There is also the 24ct field Butter available.

TUSCAN SPRING MIX: We continue to have good stock of the 3lb case.

ARUGULA: We continue to stock the 2x2lbs.

ARTISAN: We continue to stock 24cts.

SPINACH W&T: We have a good supply of 4x2.5lbs cases.



ONIONS / POTATOES

ONIONS: We are seeing the market remain stable on Onions this week. We will have the med & jumbo Yellow as well as the jumbo Red

and White products available.

SHALLOTS: Available in the 5lb whole or 2lb peeled.

POTATOES: All Potatoes are still arriving from either our Vancouver Island or Mainland producers. We have Red & Yellow Nuggets, and medium and large sizes available. Fingerling Potatoes are also still available. We are stocking two sizes of the Sweet Potatoes and three sizes of the Yams.



PEPPERS

BAGGED: Depending on availability we may have bagged Peppers from both Mexico and BC this week.

COLOURED: There will be a good supply of the colored Peppers. We will have the BC 11lb Red and Yellow and 25lb Red and Green Peppers from Mexico, while we wait for the California product to become available.



SQUASH

HARD: We are finding the demand for the hard Squash to continue to be strong. All product continues to be from Mexico for this week. We

will have the 40lb volume filled cases of green Zucchini available for the week with a limited supply of the 22lb Green and Yellow straight neck.



BROCCOLI / CAULIFLOWER

BROCCOLI: We are still seeing a good supply of Broccoli. We will have the Domestic and Asian cut crowns as well as the 14ct bunch product.

With there being a strong demand this week, we are seeing the price trend upwards again for this week.

CAULIFLOWER: We will have both the 9ct and 12ct available, the quality remains good. We are seeing the price trend upwards for the week. We will have Orange and Purple available.



TOMATOES

FULL SIZE: We will have the 5x6 and 6x7 Mexican product for the week but we are being told that it will come to an end shortly. With the strong volume, we are seeing the price remain stable for most Tomatoes this week. We will also have the Beefsteak, OTV's and Roma's available. The Roma pricing is trending downwards for the week.

SMALL: Our small Tomatoes for the week will be the Grape available in both the 12/1pt and 10lb bulk sizes. There will also be the 12x1pt Medley product available.



CITRUS

ORANGES: It is that time of the year where we will be seeing a very unstable market for Oranges. We will have a limited supply of 138ct California Navels, 113ct Mexican Valencia along with the China Nadorcott Mandarins. The volume is tight, and pricing remains high.

LEMONS: We will have the 115ct Lemons in stock for this week. With the quality remaining good, the price remains stable.

LIMES: We will have in stock both the 175ct and 200ct sizes available this week. Check out our special price for the week.



MELONS

CANTALOUPE: We will have the 12ct Mexican product this week. With the product from Mexico, we are seeing the price trend downwards.

HONEYDEW: We will have the 6ct Mexican product available. The price is stable but on the high side.

WATERMELON: We are seeing large volumes of Watermelon being available with the quality being good. The price is also trending downwards.



BERRIES

So far we should have all the Driscoll's Berries to start the week. This includes the 12x6oz Blackberries, Blueberries and Raspberries along with the 8x1lb Strawberries.



ISLANDS WEST PRODUCE LOCAL SHEET

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LOCALLY SOWN | LOCALLY GROWN | BUY BC



LOWER MAINLAND

BC Fresh

Beets, Gold [Medium]
Cabbage, Green
Onion, Yellow [Medium]
Parsnips [Medium]
Potatoes, Fingerling
Potatoes, Kennebec
Potatoes, Red [Medium]
Potatoes, Russet [Large]
Potatoes, Yellow [Large]
Potatoes, Yellow [Medium]
Potatoes, Yellow Nuggets
Radish, Bunch
Rhubarb

Bean Sprout King

Bean Sprouts

Avina Mushrooms

Mushrooms, Brown Jumbo
Mushrooms, Portabella #2
Mushrooms, White Jumbo

Rage Farms

Cucumbers, LE

Champs Mushrooms

Mushrooms, Oyster
Mushrooms, Portabella #1
Mushrooms, White, #1
Mushrooms, White Button
Mushrooms, White Foodservice
Mushrooms, White Institution
Mushrooms, White Sliced
Mushrooms, Chefs Mix

Direct Source

Apples, Ambrosia
Apples, Granny Smith
Asparagus

Van Eekelen

Belgium Endive

Windset Farms

Lettuce, Butter
Peppers, Red
Peppers, Yellow
Tomatoes, Cherry
Tomatoes, Symphony



VANCOUVER ISLAND

Eatmore

Sprouts

Sprouts, Alfalfa
Sprouts, Clover
Sprouts, Pea Shoots

Echo Farms

Potatoes, Russet [Large]

Michells

Chard, Rainbow
Leeks
Parsnips [Large]
Rutabaga

IVCA

Beets, Red
Cabbage, Green
Cabbage, Red

GROCERY PARTNERS

Bread [Various Varieties] - Portofino
Eggs - Farmer Bens
Mandarin Juice - Joosy [6x1L]
Tofu, Firm - Green Cuisine
Tofu, Wet Pack - Green Cuisine
Water [6x2L] - Icefield Water
Water [24x500ml] - Icefield Water

**Product subject to availability



**BEST
MANAGED
COMPANIES**
Platinum member

CANADIAN GROWN



Prices subject to change due to market conditions | 4247 Douglas Street, Victoria, BC V8X 3Y7 Tel: 250-727-0744 Fax: 250-727-9666 Toll Free: 1-800-477-4088

WEEK OF: MAY 3RD – MAY 9TH 2025

FRUIT FRESH

APPLES AMBROSIA 113CT XFCY B.C.	CASE
APPLES AMBROSIA 12/3LB B.C.	CASE
APPLES GRANNY SMITH 80/88CT XFCY	CASE
RHUBARB BULK 20lb B.C.	20#/CASE

MISCELLANEOUS

EGGS LARGE - VANCOUVER ISLAND	15doz/CS
JUICE MANDARIN ORANGE PURE 6/1L	6/1L
TOFU EXTRA FIRM DRY PACK	12/1#/CASE
TOFU MEDIUM WET PACK	12/1#/CASE
TOFU SMOKED CUTLET DRY PACK****	12PER/CASE
WATER BOTTLED VANCOUVER ISLAND	24X500ML
WATER BOTTLED VANCOUVER ISLAND	6X2L

SPROUTS

ALFALFA SPROUTS 100g TUB	TUB
ALFALFA SPROUTS FLAT 2#/FLAT	2#/FLAT
BEAN SPROUTS 5LB BAG	5# BAG
CLOVER SPROUTS TUB 100g TUB	TUB
MIXED BEAN SPROUTS BULK*	5#/BAG
PEA SHOOTS 50g	TUB

VEGETABLES FRESH

ASPARAGUS CONSUMER B.C.	20#/CASE
BEETS GOLDEN BULK MEDIUM 25lbs V.I.	25#/SACK
BEETS MEDIUM CELLO 10x5# V.I.	10X5#/SACK
BEETS RED LARGE BULK B.C. 25#/SACK	SACK
BEETS RED MEDIUM BULK B.C. 25#/SACK	25#/SACK
CABBAGE GREEN 50lb CANADA	50#/CASE
CABBAGE RED 50lb B.C.	50#/CASE
CHARD SWISS RAINBOW 24CT	24CT
CUCUMBERS L.E. 8/3's B.C.	CASE
CUCUMBERS L.E. MEDIUM 12CT V.I.	CASE
CUCUMBERS MINI 12/1lbs B.C.	CASE
ENDIVE BELGIUM (WHITE/YELLOW OVAL)	CASE
LEEKs 12CT VANCOUVER ISLAND	CASE
LEEKs 30LB VANCOUVER ISLAND	30#/CASE
LETTUCE BUTTER HH CLAMSHELL 12CT	12CT/CASE
MUSHROOMS #1 10LB MEDIUM	10#/CASE
MUSHROOMS #1 BUTTON****	10#/CASE
MUSHROOMS #2 PORTABELLA	5#/CASE

VEGETABLES FRESH

MUSHROOMS BROWN #1 JUMBO B.C.	5#/CASE
MUSHROOMS FOODSERVICE #2	10#/CASE
MUSHROOMS INSTITUTIONAL #3	10#/CASE
MUSHROOMS OYSTER 5LB	5#/CASE
MUSHROOMS PORTABELLA	5#/CASE
MUSHROOMS SLICED INSTITUTIONAL 1/8	10#/CASE
MUSHROOMS WHITE #1 JUMBO B.C.	5#/CASE
ONIONS YELLOW MEDIUM B.C.	50#/SACK
PARSNIPS LARGE VANCOUVER ISLAND	20#/SACK
PEPPER RED XL GOLD HH B.C.	11#/CASE
PEPPER YELLOW XLG GOLD B.C.	11#/CASE
POTATO CELLO MED 5/10# BALE B.C.	5\10#/BALE
POTATO CELLO RED B.C. 10/5#	10\5#/BALE
POTATO CELLO ROASTERS 10/5# BALE	10/5LBS
POTATO CELLO RUSSET B.C. 10/5# BALE	10\5#/BALE
POTATO FINGERLINGS B.C. CELLO	16/3LBS/CS
POTATO RED LARGE #2 FOODSERVICE	50#/CASE
POTATO RED MEDIUM #1 B.C.	50#/CASE
POTATO SMALL RED B.C. CELLO 10x5lbs	10/5LBS
POTATO SMALL YELLOW B.C. CELLO	10/5LBS
POTATO YELLOW NUGGETS (SMALL) V.I.	50#/CASE
POTATO YUKON GOLD LARGE	50#/CASE
POTATO YUKON GOLD MED. B.C.	50#/CASE
POTATOES FINGERLING 20lbs/CASE B.C.	20lbs/CASE
POTATOES KENNEBEC RANDOM CASE B.C.	50#/CASE
POTATOES RUSSET LARGE 50lbs B.C.	50#/CASE
RADISHES 48CT B.C.	CASE
RUTABAGAS 50lbs B.C. (YELLOW)	50#/SACK
RUTABAGA (YELLOW) 25lbs V.I.	25#/SACK
TOMATOES CHERRY RED 12x1pntB.B.	12pnt/FLA
TOMATOES SYMPHONY BULK B.C.	10#/CASE

SPECIALTY ORDER ITEMS: *=24HR NOTICE | **=48HR NOTICE | ***=72 HR NOTICE

****=LIMITED PAR LEVELS (FIRST COME, FIRST SERVE BASIS)