



ISLANDS WEST PRODUCE WEEKLY SPECIALS

MAY 17TH – MAY 23RD, 2025



**ASPARAGUS GREEN
CONSUMER**
20lb Case
British Columbia



**PEPPERS YELLOW
EXTRA LARGE**
11lb Case
British Columbia



MUSHROOMS OYSTER
5lb Case
British Columbia



RUTABAGA MEDIUM
25lb Sack
Vancouver Island



**POTATOES MIXED
(TRI-COLOR)
CREAMERS (NUGGETS)**
25lb Case
British Columbia



**ONIONS GREEN
CHOPPED**
5lb Bag
Mexico



**ITALIAN SEASONING
GROUND
[DRIED SPICE]**
375g



**ONIONS PEARL IQF
[FROZEN]**
5x1kg Case

THE LITTLE POTATO CO.

A BIG OPPORTUNITY WITH LITTLE POTATOES

Alberta-grown Little Potato Company's Mixed Creamer (nugget) Potatoes feature a mix of red, yellow, and purple varieties, each with a rich, buttery flavor. Adds both color and taste to your meals, perfect for a variety of dishes.

We've thought
of all
the little things.



25lb CASES
AVAILABLE



Locally Led & Rooted in the Community @ 4247 Douglas Street Victoria, BC
Office Hours: Mon – Fri: 5:00am – 6:00pm • Sat: 5:00am – 3:00pm • Sun: 9:00am-5:00pm
Phone: 250-727-0744 • 1-800- 477- 4088 • Fax: 250-727-9666
www.islandswest.com



ISLANDS WEST PRODUCE

MARKETSCOPE

MAY 17TH – MAY 23RD, 2025

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As we continue to move through these extraordinary times in the produce world, here at Islands West, we continue to look for new opportunities and items for you to try on your menus. As you see on our feature sheet, we have partnered with "The Little Potato Company" out of Alberta to bring you a selection of new items. Apart from the feature item, we also have in stock Red & Yellow "B" size Potatoes in a 50lb case along with the Red & Yellow true Creamers in a 25lb case.

Halfway through May and our local produce is starting to become available. We are seeing from our local and Vancouver growers, winter grown Rutabaga's, bunch Radish, bunch Spinach, bunch and bulk Leeks, BC Asparagus, Rainbow Chard, Bell Peppers, L.E. Cucumbers and Rhubarb.



LETTUCE

ICEBERG: We will have in stock for the week, the Cello wrapped and liner product. Due to a stronger demand and cooler weather, we are seeing the prices of all the head Lettuce products trend upwards for the week.

ROMAINE: We will have good supplies of the 24ct available for the week. We continue to have plenty of Romaine Hearts in stock. We also have our in-house chopped Romaine as a great labor saver.

LEAF: We have both 24ct California Red and Green Leaf available for the week.

BUTTER: We will have available 12ct Hothouse Living Butter Lettuce this week. There is also the 24ct field Butter available.

TUSCAN SPRING MIX: We continue to have good stock of the 3lb case.

ARUGULA: We continue to stock the 2x2lbs.

ARTISAN: We continue to stock 24cts.

SPINACH W&T: We have a good supply of 4x2.5lbs cases.



ONIONS / POTATOES

ONIONS: We are seeing the market remain stable on Onions this week. We will have the jumbo Red & Yellow available as well as a limited amount of the medium Yellow. White Onions are now finished.

SHALLOTS: Available in 5lb whole or 2lb peeled.

POTATOES: The only BC colored Potatoes available are the Nugget Reds & Yellows. We will be moving to a US product within the next week. Look for our new listings of items from "The Little Potato Company".



PEPPERS

BAGGED: We will have in stock for the week, a BC Hot House 10/2lb bagged Pepper.

COLOURED: There will be a good supply of the colored Peppers. We will have the BC 11lb Red and Yellow and 25lb Red and Green Peppers from Mexico. We are also getting limited amounts of VI 11lb Yellow and Orange Peppers.



SQUASH

HARD: We are finding the demand for the hard Squash to continue to be strong. All product continues to be from Mexico for this week. We will have the 40lb volume filled cases of green Zucchini available for the week with a limited supply of the 22lb Green and Yellow straight neck.



BROCCOLI / CAULIFLOWER

BROCCOLI: We are still seeing a good supply of Broccoli. We will have the Domestic and Asian cut crowns as well as the 14ct bunch product.

Even with there being a strong demand again this week, we are seeing the price remain stable this week.

CAULIFLOWER: We will have both the 9ct and 12ct available, the quality remains good. We are seeing the price trend downwards for the week. We still have a good supply of the Orange and Purple available for that different look.



TOMATOES

FULL SIZE: We will have the 5x6 and 6x7 Mexican product for the week but with the volume that is available, we are seeing the price begin to trend upwards. We will also have the Beefsteak, OTV's and Roma's available.

SMALL: Our small Tomatoes for the week will be the Grape and Cherry available in the 12/1pt case. There will also be the 12x1pt and 10lb bulk Symphony product available.



CITRUS

ORANGES: We continue to see a very unstable market for Oranges this week. We will have available the 56 California Navels, 113ct Mexican Valencia along with the Nadorcott Mandarins. The volume is tight, and pricing remains high. We are expecting our China product shortly.

LEMONS: We will have the 115ct Lemons in stock for this week. With the quality remaining good, the price remains stable.

LIMES: We will have in stock the 175ct size available this week. Pricing will remain stable but high for the week.



MELONS

CANTALOUPE: We will have the 12ct Mexican product this week, with the price increasing.

HONEYDEW: We will have the 6ct Mexican product available. Due to a stronger demand, we are seeing the price trend upwards again for this week.

WATERMELON: We are hearing that the extra volume has been used up, so we are seeing the price trend upwards on Watermelon. Quality has been fair to good.



BERRIES

Due to a very strong demand for Berries to the south, we will have a limited supply of fresh Driscoll's berries for the week. We will have the 12/6oz Blackberries and the 8/1lb Strawberries.



ISLANDS WEST PRODUCE LOCAL SHEET

MAY 17TH – MAY 23RD, 2025

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LOCALLY SOWN | LOCALLY GROWN



LOWER MAINLAND

BC Fresh

Beets, Gold [Medium]
Potatoes, Kennebec
Potatoes, Red [Medium]
Potatoes, Red Nuggets
Potatoes, Yellow Nuggets
Radish, Bunch
Rhubarb

Bean Sprout King

Bean Sprouts

Avina Mushrooms

Mushrooms, Brown Jumbo
Mushrooms, Portabella #2
Mushrooms, White Jumbo

Direct Source

Asparagus

Champs Mushrooms

Mushrooms, Oyster
Mushrooms, Portabella #1
Mushrooms, Shitake
Mushrooms, White, #1
Mushrooms, White Button
Mushrooms, White Foodservice
Mushrooms, White Institution
Mushrooms, White Sliced
Mushrooms, Chefs Mix

Van Eekelen

Belgium Endive

Windset Farms

Cucumber, L.E.
Cucumber, Mini
Lettuce, Butter
Tomatoes, Cherry
Tomatoes, Symphony



VANCOUVER ISLAND

Eatmore Sprouts

Sprouts, Alfalfa
Sprouts, Clover
Sprouts, Pea Shoots

V.I. Farms

Peppers, Orange
Peppers, Red
Peppers, Yellow

IVCA

Beets, Red

Michells

Chard, Rainbow
Leeks
Parsnips [Large]
Rutabaga

Echo Valley

Potatoes, Red [Large]
Potatoes, Russet

Grocery Partners

Bread [Various Varieties] - Portofino
Eggs - Farmer Bens
Mandarin Juice - Joosy [6x1L]
Tofu, Firm - Green Cuisine
Tofu, Wet Pack - Green Cuisine
Water [6x2L] - Icefield Water
Water [24x500ml] - Icefield Water



CANADA

The Little Potato Company

Potato, Creamers Mixed
Potato, Creamers Red
Potato, Creamers Yellow

Potato, Fingerlings Little
Potato, Red Little
Potato, Red Size "B"

Potato, Trios Little
Potato, Yellow Little
Potato, Yellow Size "B"

****Product subject to availability**



**BEST
MANAGED
COMPANIES**
Platinum member

CANADIAN GROWN



Prices subject to change due to market conditions | 4247 Douglas Street, Victoria, BC V8X 3Y7 Tel: 250-727-0744 Fax: 250-727-9666 Toll Free: 1-800-477-4088

WEEK OF: MAY 17TH – MAY 23RD 2025

FRUIT FRESH	
RHUBARB BULK 20lb B.C.	20#/CASE
MISCELLANEOUS	
EGGS LARGE - VANCOUVER ISLAND	15doz/CS
JUICE MANDARIN ORANGE PURE 6/1L	6/1L
TOFU EXTRA FIRM DRY PACK	12/1#/CASE
TOFU MEDIUM WET PACK	12/1#/CASE
TOFU SMOKED CUTLET DRY PACK****	12PER/CASE
WATER BOTTLED VANCOUVER ISLAND	24X500ML
WATER BOTTLED VANCOUVER ISLAND	6X2L
SPROUTS	
ALFALFA SPROUTS 100g TUB	TUB
ALFALFA SPROUTS FLAT 2#/FLAT	2#/FLAT
BEAN SPROUTS 5LB BAG	5# BAG
CLOVER SPROUTS TUB 100g TUB	TUB
MIXED BEAN SPROUTS BULK*	5#/BAG
PEA SHOOTS 50g	TUB
VEGETABLES FRESH	
ASPARAGUS CONSUMER B.C.	20#/CASE
BEETS GOLDEN BULK MEDIUM 25lbs V.I.	25#/SACK
BEETS MEDIUM CELLO 10x5# B.C.	10X5#/SACK
BEETS RED LARGE BULK B.C. 25#/SACK	SACK
BEETS RED MEDIUM BULK B.C. 25#/SACK	25#/SACK
CHARD SWISS RAINBOW 24CT	24CT
CUCUMBERS L.E. MEDIUM 12CT V.I.	CASE
CUCUMBERS MINI 12/1lbs B.C.	CASE
ENDIVE BELGIUM (WHITE/YELLOW OVAL)	CASE
LEEKs 12CT VANCOUVER ISLAND	CASE
LEEKs 30LB VANCOUVER ISLAND	30#/CASE
LETTUCE BUTTER HH CLAMSHELL 12CT	12CT/CASE
MUSHROOMS #1 10LB MEDIUM	10#/CASE
MUSHROOMS #1 BUTTON****	10#/CASE
MUSHROOMS #2 PORTABELLA	5#/CASE

VEGETABLES FRESH	
MUSHROOMS BROWN #1 JUMBO B.C.	5#/CASE
MUSHROOMS CHEFS MIX 3LB B.C.	3#/CASE
MUSHROOMS FOODSERVICE #2	10#/CASE
MUSHROOMS INSTITUTIONAL #3	10#/CASE
MUSHROOMS OYSTER 5LB	5#/CASE
MUSHROOMS PORTABELLA	5#/CASE
MUSHROOMS SHITAKE**	5#/CASE
MUSHROOMS SLICED INSTITUTIONAL 1/8	10#/CASE
MUSHROOMS WHITE #1 JUMBO B.C.	5#/CASE
PARSNIPS LARGE VANCOUVER ISLAND	20#/SACK
PEPPER ORANGE XLG GOLD B.C.	11#/CASE
PEPPER RED XL GOLD HH B.C.	11#/CASE
PEPPER YELLOW XLG GOLD B.C.	11#/CASE
POTATO CELLO MED 5/10# BALE B.C.	5\10#/BALE
POTATO CELLO RUSSET B.C. 10/5# BALE	10\5#/BALE
POTATO CREAMERS MIXED CANADA	25#/CASE
POTATO CREAMERS RED CANADA	25#/CASE
POTATO CREAMERS YELLOW CANADA	25#/CASE
POTATO FINGERLINGS LITTLE	16/1.5LB
POTATO RED LARGE #2 FOODSERVICE	50#/CASE
POTATO RED LITTLE 16/1.5LB CANADA	16/1.5LB
POTATO RED MEDIUM #1 B.C.	50#/CASE
POTATO RED NUGGETS (SMALL) B.C.	50#/CASE
POTATO RED SIZE "B" CANADA	50#/CASE
POTATO TRIOS LITTLE CANADA	16/1.5LB
POTATO YELLOW LITTLE CANADA	16/1.5LB
POTATO YELLOW NUGGETS (SMALL) V.I.	50#/CASE
POTATOES FINGERLING 50lbs/CASE B.C.	50lbs/CASE
POTATOES KENNEBEC RANDOM CASE B.C.	50#/CASE
RADISHES 48CT B.C	CASE
RUTABAGA (YELLOW)25lbs V.I.	25#/SACK
RUTABAGAS 50lbs B.C (YELLOW)	50#/SACK
TOMATOES CHERRY RED 12x1pntB.B.	12pnt/FLA
TOMATOES SYMPHONY BULK B.C.	10#/CASE

SPECIALTY ORDER ITEMS: *=24HR NOTICE | **=48HR NOTICE | ***=72 HR NOTICE
****=LIMITED PAR LEVELS (FIRST COME, FIRST SERVE BASIS)